

## What is L'Taken?

Are you ready to change the world? Then get excited for the L'Taken Social Justice Seminar! In partnership with the [Religious Action Center of Reform Judaism \(RAC\)](#), you will have the opportunity to impact our political process as you share your views on social justice topics with decision-makers on Capitol Hill. L'Taken is an intensive four-day study kallah in Washington, DC, focusing on Jewish values and social justice. Participants will learn about the legislative process and current social justice issues, and then go to Capitol Hill to discuss the issues they have just studied by lobbying their Senators' and Representatives' offices.

Each seminar also includes an opportunity for students to take advantage of the vast opportunities available in our nation's Capitol by visiting the National Holocaust Memorial Museum and the Smithsonian National Mall and celebrating Havdalah at the Jefferson Memorial. And, all the while, you will have the chance to meet Reform Jewish teens from across the United States, all of whom are in Washington D.C. for the same reason that you are—to pursue *tikkun olam*.

**Dates:** Friday, February 10, 2023 - Monday, February 13, 2023. Participants will need to miss school on Friday and Monday. Jess can provide an excused absence letter to your school detailing the educational content of the Seminar.

**Who's Going:** This trip is offered every three years for TBE teens in grades 10, 11 and 12! Teens who participate in the Justice League Chavurah are strongly encouraged to go on this trip.

**Registration Deadline:** November 15, 2022. To register, email [Jess Friedman](#) and fill out the [participant form](#). Registration will not be considered complete until this form is filled out, and TBE has received a payment check for the L'taken seminar cost of \$600. Space is limited, so please register ASAP!

**Trip Preparation:** All participants in this trip must attend one preparatory session on Wednesday, January 25, 2023 7-8:30pm and Wednesday, February 8th, 2023 7-8:30pm. This session will help teens connect and prepare for the trip.

**Accommodations:** Participants will stay at the Hyatt Regency Crystal City At Reagan National Airport, with 3 or 4 teens identifying by the same gender per room.

**Travel Plans:** We will travel as a group by air to Reagan Airport.

**Chaperone:** Jess Friedman

**Cost: \$700** not including airfare (to be assessed separately; we will get a group rate if possible). Program fees include a three night stay in the hotel, all program materials, three breakfasts, transportation within Washington DC, two lunches and one dinner. Participants will

need an estimated \$75-100 for spending money throughout the weekend, and will be responsible for any bag check fees. Limited subsidies are available for L'taken through the Youth Engagement Fund. Contact [Jess Friedman](#) with any questions.

[Sample Itinerary »](#)

[Packing List »](#)

[Frequently Asked Questions »](#)

[Video Testimonial »](#)