

## Aging Life Care Managers can help with:

### Solutions

- Balance issues of safety and independence
- Refer to trusted professionals — legal, medical, social, financial
- Find appropriate living situations and support successful transitions

### Daily Living

- Create care plans that may include home care, respite, and day programs
- Tackle difficult issues such as changes in behavior and driving concerns
- Introduce enrichment into each day such as music, dance, art, pets

### Medical Management

- Coordinate discharge planning
- Navigate medical appointments and follow-up care
- Advocate with facilities and healthcare providers

### Teamwork

- Help to understand changing family roles and complicated feelings
- Provide logistical support – bill paying, errands, clothes shopping, transportation, etc.
- Educate and empower families to meet changing needs

Just Ask

*See how our personalized service can help.*

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*20 years of expertise, compassion, and care.*

## Testimonials

*"Our Care Manager couldn't have been kinder, more thoughtful, more proactive and considerate. It was a true joy having her help in planning and taking concrete and manageable steps into the future. I can't say enough good things about her. Thank you from the bottom of my heart."*

*"We could not have made it through the problems and issues we were facing without Your Elder Experts. Thank you so much for being there for our family. I can't sing your praises loud enough to express my thanks."*

*"My experience has been just great. Our Care Manager has been very available and very kind. We appreciate her very much."*

*"The services were fantastic, from the first phone call I made. My Care Manager made all the difference and I wish I had known about these services earlier, so much stress could have been avoided. Thank you so much for everything."*

*"Thank you for providing this service. The support was just what we needed."*

*Since 1999, Your Elder Experts has advocated for appropriate and thorough medical care, educated families about senior service resources, and supported our clients through the transitions of aging, whether managing a crisis or planning for the future.*

**781-693-5052**

Your Elder Experts is a program of JF&CS.  
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**[yourelderexperts.com](http://yourelderexperts.com)**

your  Elder experts

**ALCA** (i)<sup>™</sup>  
AGING LIFE CARE ASSOCIATION  
— MEMBER —