HIGH HOLY DAY
GUIDED WALK
5781
FEATURING THE SOUNDS OF NOAH ARONSON,
CANTOR SHANNA ZELL AND CANTOR JODI SUFRIN
SET YOUR OWN PATH. TAKE A DEEP BREATH.
PRESS PLAY. GO.

LINER NOTES

1. **INTRODUCTION BY RABBI JOEL SISENWINE**

2. **BARCHI NAFSHI** [NOAH ARONSON]

3. **MODAH ANI MEDITATION** [FROM MISHKAN HANEFESH]

4. **MODEH ANI** [NOAH ARONSON]

5. **ASHER YATZAR** [DAN NICHOLS] SUNG BY CANTOR ZELL

6. **BIRCHOT HASHACHAR** [NOAH ARONSON]

7. **HALLELUYAH - PSALM 144** [NOAH ARONSON]

8. **AM I AWAKE** [NOAH ARONSON]

9. **YOTZER MEDITATION** [FROM MISHKAN HANEFESH]

10. **YOTZER OR** [LAURA BERKSON] SUNG BY CANTOR SUFRIN

11. **V'AHAVTA MEDITATION** [FROM MISHKAN HANEFESH]

12. **AMIDAH MEDITATION** [FROM MISHKAN HANEFESH]

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13. P'TACH LIBI [NOAM KATZ] SUNG BY CANTORS SUFRIN, ZELL, NOAH ARONSON AND TALI RUBINSTEIN

14. SHALOM RAV [BEN STEINBERG] SUNG BY CANTORS SUFRIN AND ZELL

15. UN'TANEH TOKEF MEDITATION [FROM MISHKAN HANEFESH]

16. SHIR LAMA'ALOT [YOSEF KARDUNER] SUNG BY CANTOR SUFRIN AND NOAH ARONSON

17. I WANT TO SING YOUR SONG [NOAH ARONSON]

18. HAYOM T'AMTZEINU [NOAH ARONSON]

19. SHACHAR AVAKESHCHA [NOAH ARONSON AND CANTOR JODI SUFRIN]

20. I CAN BE LOVED [NOAH ARONSON AND CHAVA MIREL] SUNG BY NOAH ARONSON AND CANTOR ZELL

21. N'ILAH MEDITATION [FROM MISHKAN HANEFESH]

22. USHMOR [NOAH ARONSON AND CANTOR SUFRIN]